

## **Developing Inspirational Leaders Programme**

### **Leadership Skill Building**

The Myers Briggs Type Indicator (MBTI) questionnaire is based on a personality framework that will help you explore your preferences for taking in information and making decisions.

The framework also looks at where you prefer to focus your attention and how you prefer to live your life. It will give you information about your preferred style of working and interacting with other people.

A key feature is the focus on the likely strengths and positive qualities of different personality styles, and so the feedback you receive will always be constructive

This workshop also allows you to consider what motivates you and others around you. You are also able to consider different delegation styles and what works best for you and your team.

#### **Course content:**

- MBTI® Self-Assessment and Questionnaire
- Why study motivation?
- Understanding 'motivators' and 'satisfiers'
- Being aware of individual differences
- Why delegate?
- Barriers to effective delegation
- Understanding the different levels of delegation
- Delegation strategies & your personal delegation style
- Dealing with resistance and disagreement

#### **Benefits to individual:**

- The MBTI® Interpretive Report for Organisations helps individuals understand their preferences
- Awareness of what motivates themselves and others
- Being able to recognise individual differences
- Are able to delegate with confidence
- Are able to deal with resistance to delegation

#### **Benefits to organisation:**

- The MBTI® Interpretive Report for Organisations helps individuals work better in the organisation
- Managers and Leaders know different ways to motivate themselves and others
- Managers and Leaders can delegate across all levels in the organisation